

## Seminar in Interdisciplinary STEM Research March 15<sup>th</sup> – Friday, 11:00-11:50 AM

Location: https://calstatela.zoom.us/j/81645970568

## HOSTED BY CREST CATSUS



Dr. Sonya Lopez

Associate Professor Dept. of Civil Engineering California State University Los Angeles

Dr. Corey Bowen Assistant Professor Dept. of Civil Engineering California State University Los Angeles



## Workshop: Exploring your personal identity

**Abstract:** Drs. Sonya Lopez and Corey Bowen are facilitating an insightful workshop that delves into the exploration of personal identity. In this engaging session, students are encouraged to share aspects of their own experiences, fostering an environment of openness and understanding. Recognizing the sensitivity of the topic, the workshop emphasizes a commitment to respect and kindness, creating a safe space for participants to express themselves. Dr. Lopez and Dr. Bowen will guide discussions, encouraging self-reflection. This unique opportunity allows individuals to gain deeper insights into their own personal journeys and fosters a sense of community through shared understanding. As participants navigate through the workshop, the focus remains on self-discovery and the cultivation of a supportive atmosphere where every voice is heard and respected.



